



Tuna flavored textured soy and wheat protein. It mimics the texture and mouthfeel of tuna salad. It can be used to fully replace tuna or tuna salad in the formulation of vegan products.

Ingredients: Water, Soy Protein Concentrate, Plant-based Textured Protein (Soy protein isolate, Corn Starch, Vital Wheat Gluten), Canola Oil, Flavors (Maltodextrin, Yeast Extract, Natural Flavors, Torula Yeast, Sunflower Oil, Gum Arabic, Smoke, Vinegar Powder), Hydrolyzed Soy Protein, Corn Starch, Citric Acid, Vital Wheat Gluten, Yeast Extract, Soy Protein Isolates, Cane Sugar, Fermented Rice Flour (Color).
Allergens: Soy and Wheat.

Preparation Guidelines:

Open the bag and mix as you would with other ingredients for a tuna salad, sandwich, casserole or any recipe that traditionally calls for tuna.

- Vegan
- No Trans Fat
- 0 Cholesterol
- Low Saturated Fat
- 10 g protein per serving
- Non-GMO

Storage: Stored under refrigerated condition (typically 33 - 40 F).

Nutritional Values are calculated from USDA Nutrient Database, supplier information, and/or analysis.

Case UPC: 705723850313
 DOT #758350



Case Pack: 12/12 oz (340 g) units
 Gross Weight: 10 lbs.
 Item #: K303
 LxWxH: 9.875" x 8.625" x 4.875"
 Ti/Hi: 19 x 5

Nutrition Facts	
72 servings per case	
Serving size	2 oz (57g)
Amount per serving	
Calories	60
<small>% Daily Value*</small>	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	6%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	18%
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 160mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Serving Suggestions

Whether it's a tuna salad or your favorite casserole recipe, our plant-based tuna becomes the star of any recipe that traditionally calls for tuna.

Serve on bread with lettuce & tomato or on-top of a salad for added protein!



Recipe

Plant-Based Tuna Salad

Ingredients:

1 Package of Franklin Farms plant-based tuna, 1 cup of plant-based mayo, 2 tablespoons of dijon mustard, 1/4 cup of chopped red onion, 1/2 cup of chopped celery, 1 teaspoon of garlic powder, 1 teaspoon of fresh chopped parsley and salt & pepper to taste.

Directions:

Combine Franklin Farms plant-based tuna with all ingredients and mix until well combined. Adjust flavor by adding additional seasonings or ingredients.

Serve on toasted bread with lettuce & tomato with a side of chips or salad for a complete meal.

Plant-based tuna salad can also be served on a bed of lettuce for a lighter option or folded into a wrap.