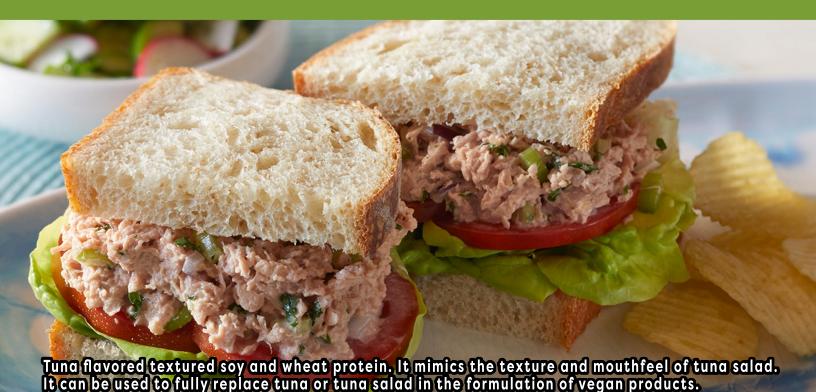


# Plant-Based Tuna (V) Food Service Collection



Ingredients: Water, Soy Protein Concentrate, Plant-based Textured Protein (Soy protein isolate, Corn Starch, Vital Wheat Gluten), Canola Oil, Flavors (Maltodextrin, Yeast Extract, Natural Flavors, Torula Yeast, Sunflower Oil, Gum Arabic, Smoke, Vinegar Powder), Hydrolyzed Soy Protein, Corn Starch, Citric Acid, Vital Wheat Gluten, Yeast Extract, Soy Protein Isolates, Cane Sugar, Fermented Rice Flour (Color). Allergens: Soy and Wheat.

#### **Preparation Guidelines:**

Open the bag and mix as you would with other ingredients for a tuna salad, sandwich, casserole or any recipe that traditionally calls for tuna.

- Vegan
- No Trans Fat
- 0 Cholesterol
- Low Saturated Fat
- 10 g protein per serving
- Non-GMO

Storage: Stored under refrigerated condition (typically 33 - 40 F).

Nutritional Values are calculated from USDA Nutrient Database, supplier information, and/or analysis.

Case UPC: 705723850313 DOT #758350



Case Pack: 12/12 oz (340 g) units

Gross Weight: 10 lbs.

Item #: K303

LxWxH: 9.875" x 8.625" x 4.875"

Ti/Hi: 19 x 5

<b>Nutrition F</b>	acts
72 servings per case	
	oz (57g)
	(* 5/
Amount per serving	CO
Calories	DU
	% Daily Value*
Total Fat 3g	4%
Saturated Fat Og	0%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 370mg	16%
<b>Total Carbohydrate</b> 4g	1%
Dietary Fiber 2g	6%
Total Sugars Og	
Includes Og Added Sugar	'S <b>0%</b>
Protein 10g	18%
Vitamin D Omcg	0%
Calcium 40mg	4%
Iron 1mg	6%
Potassium 160mg	4%
*The % Daily Value (DV) tells you hov in a serving of food contributes to a d calories a day is used for general nutr	aily diet. 2,000



# Serving Suggestions

Whether it's a tuna salad or your favorite casserole recipe, our plant-based tuna becomes the star of any recipe that traditionally calls for tuna.

Serve on bread with lettuce & tomato or on-top of a salad for added protein!



# Recipe

### Plant-Based Tuna Salad

## Ingredients:

1 Package of Franklin Farms plant-based tuna, 1 cup of plant-based mayo, 2 tablespoons of dijon mustard, 1/4 cup of chopped red onion, 1/2 cup of chopped celery, 1 teaspoon of garlic powder, 1 teaspoon of fresh chopped parsely and salt & pepper to taste.

#### Directions:

Combine Franklin Farms plant-based tuna with all ingredients and mix until well combined. Adjust flavor by adding additional seasonings or ingredients.

Serve on toasted bread with lettuce & tomato with a side of chips or salad for a complete meal.

Plant-based tuna salad can also be served on a bed of lettuce for a lighter option or folded into a wrap.