Masala Poppers (V)

Food Service Collection

A popular Indian street food with roasted Potato, chickpea, and a hot chili spice blend.

Ingredients: Chickpeas, Potato, Onion, Green Peas, Brown Rice, Carrots, Corn, Red Peppers, Non-GMO Canola Oil, Cultured Dextrose (Maltodextrin, Cultured Dextrose), Jalapeno Peppers, Ginger, Sea Salt, Cilantro, Mango Powder, Garam Masala (Spices, Turmeric, Canola Oil), Methylcellulose, Spices.

Cooking Guidelines:

Oven: Preheat oven to 350°F. Place frozen in single layer on ungreased baking sheet and bake for 14 to 16 minutes.

Microwave: Arrange 4 to 6 frozen Poppers on microwave safe plate. Microwave on HIGH for 2 minutes. (Microwave times will vary.)

Stove Top: Heat skillet on stove top with 3-4 tbsp. vegetable oil. Place defrosted Poppers in pan and cook for 6-8 minutes over medium heat, while turning Falafels to brown evenly.

NOTE: Product should always be cooked to minimum internal temperature of 165° F. Keep Frozen.

Nutritional Values are calculated from USDA Nutrient Database, supplier information, and/or analysis.

Nutrition Facts

about 160 servings per container

Serving size	**3 pieces (85g)**
Amount per serving	
Calories	**180**
	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 180mg	**8%**
Total Carbohydrate 28g	**10%**
Dietary Fiber 5g	**16%**
Total Sugars 4g	
Includes 0g Added Sugars	**0%**
Protein 6g	**13%**
Vitamin D 0mcg	0%
Calcium 17mg	0%
Iron 2mg	10%
Potassium 497mg	10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

#MAS10
UPC: 705723620022

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Pack: 10lb case (approx. 160 pcs.)
Gross weight: 11.25 lbs
Item #: MAS10
LxWxH: 9.5" x 14" x 5.5"
Ti/Hi: 12x11

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