

Chik'n Seitan (V) Food Service Collection



Chikin Seitan is made from wheat protein and provides a chewy texture with savory flavor.

Ingredients: Water, Textured Wheat Protein (Wheat Gluten, Wheat Flour, Tetrasodium Pyrophosphate, Sodium Carbonate, Vitamin E), Yeast Extract, Salt, Sugar, Onion Powder, Carrot Powder, Garlic Powder, Spice and Natural Flavors. Contains: Wheat.

Cooking Guidelines: Seitan is precooked and can be served hot or cold.

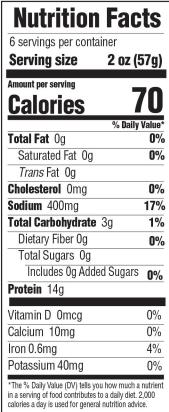
Pan-Fry: Lightly oil the pan and use low heat to prevent sticking. Cook for a few minutes until heated through.

Storage: Stored under refrigerated condition (typically 33 - 40 F).

Nutritional Values are calculated from USDA Nutrient Database, supplier information, and/or analysis.



Case Pack: 12 oz/pack, 15 pks/case Gross Weight: 12.5 lbs. Item #: FSCC12 LxWxH: 11.375" x 12.625" x 5.25" Ti/Hi: 12 x 8





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Serving Suggestions

Chik'n Seitan is the perfect ingredient for salads, sandwiches, stir-fries & more. Simply remove from the package and serve hot or cold!

With 13g of protein per serving, you can't go wrong with the addition of Chik'n Seitan!



Recipe

Chik'n Seitan Salad

Ingredients:

1 Package of Franklin Farms Chik'n Seitan, spring mix, 1 cucumber, quartered, 1 cup of cherry tomatoes, cut in half, dressing of your choice.

Directions:

Remove Chik'n Seitan from the package and add it to the spring mix with cucumbers and cherry tomatoes. Top with your favorite salad dressing, toss and enjoy!